

St Benedict's Parish Arcadia



PALM SUNDAY OF THE PASSION OF THE LORD YEAR C 12 & 13 APRIL 2025

HOLY WEEK PARISH MASS TIMES

**THERE WILL BE NO WEEKDAY
MORNING MASSES THIS HOLY
WEEK ON THURSDAY AND FRIDAY,
BOTH AT THE PARISH AND
MONASTERY.**

Weekdays:

Monday to Wednesday 9:30am

Maundy Thursday The Lords Supper 7.30pm

Friday Stations of the Cross 10.30am
Confessions after Stations of the Cross

Friday of the Passion of the Lord 3.00pm

Saturday Easter Vigil 7.30pm
Easter Sunday 9.00am
Latin 10.30am

MONASTERY CHAPEL Masses

Sundays 7:00am
Daily 7:00am (except Holy Thursday,
Good Friday & Holy Saturday)

Please contact Father Shansana for the following:

BAPTISMS
RECONCILIATION
FOR THE SICK
MARRIAGES
FUNERALS

Parish Priest:
Fr Shansana 0437 884 233



ENTRANCE ANTIPHON

Six days before the Passover,
when the Lord came into the city of Jerusalem,
the children ran to meet him;
in their hands they carried palm branches
and with a loud voice cried out:
Hosanna in the highest!
Blessed are you, who have come in your abundant mercy!
O gates, lift high your heads;
grow higher, ancient doors.
Let him enter, the king of glory!
Who is this king of glory?
He, the Lord of hosts, he is the king of glory.
Hosanna in the highest!
Blessed are you, who have come in your abundant mercy!

SUNDAY HOLY MASS PRAYER

Almighty ever-living God,
who as an example of humility for the human race to follow
caused our Saviour to take flesh and submit to the Cross,
graciously grant that we may heed his lesson
of patient suffering and so merit a share in his
Resurrection.
Who lives and reigns with you in the unity
of the Holy Spirit, God, for ever and ever. Amen.

PALM SUNDAY



Jesus,

*This Easter I have no palm leaves to wave to
honour You as King. All I have are the empty
palms Of my outstretched hands.*

*Take my hands today,
and use them to honour You. Amen.*

First Reading: Isaiah 50:4-7 (JB)

A reading from the prophet Isaiah

I did not cover my face against insult and I know I will not be ashamed.

The Lord has given me a disciple's tongue.

So that I may know how to reply to the wearied he provides me with speech. Each morning he wakes me to hear, to listen like a disciple. The Lord has opened my ear. For my part, I made no resistance, neither did I turn away. I offered my back to those who struck me, my cheeks to those who tore at my beard; I did not cover my face against insult and spittle. The Lord comes to my help, so that I am untouched by the insults. So, too, I set my face like flint; I know I shall not be shamed.

The word of the Lord.

Thanks be to God.

Responsorial Psalm:

R. My God, my God, why have you abandoned me?

Second Reading: Philippians 2:6-11 (JB)

A reading from the letter of St Paul to the Philippians

He humbled himself to become like us and God raised him on high.

His state was divine, yet Christ Jesus did not cling to his equality with God but emptied himself to assume the condition of a slave, and became as men are, and being as all men are, he was humbler yet, even to accepting death, death on a cross. But God raised him high and gave him the name which is above all other names so that all beings in the heavens, on earth and in the underworld, should bend the knee at the name of Jesus and that every tongue should acclaim Jesus Christ as Lord, to the glory of God the Father.

The word of the Lord.

Thanks be to God.

Gospel Acclamation

Praise to you, Lord Jesus Christ, king of endless glory!

**Christ became obedient for us even to death,
dying on the cross.**

**Therefore God raised him on high
and gave him a name above all other names.**

Praise to you, Lord Jesus Christ, king of endless glory!

GOSPEL:

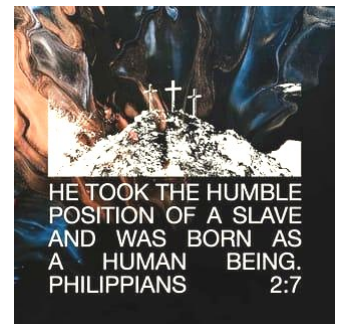
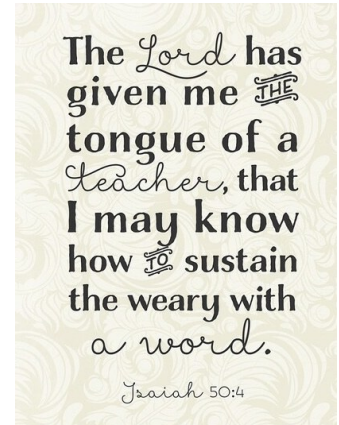
Luke 22:14 - 23:56 (JB)

The passion of our Lord Jesus Christ according to Luke

(NARRATED)

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.



GOSPEL REFLECTION

Sunday, April 13

Palm Sunday

Luke 19:28-40

Isaiah 50:4-7

Psalms 22:8-9, 17-20, 23-24

Philippians 2:6-11

Luke 22:14-23:56 (or Luke 23:1-49)

Jesus proceeded on his journey up to Jerusalem. (Luke 19:28)

Today we begin the holiest week of our Church year. We join the crowds and shout, "Hosanna!" as Jesus enters Jerusalem. We listen to him teach, even while people plot to kill him. We see him wash his disciples' feet and offer them his Body and Blood, despite knowing that one will betray him and the rest will abandon him. We watch as he is rejected by his people and handed over to death on a cross.

It's easy to see Jesus just as an unfortunate, tragic victim of hatred and violence—and he was. But he was more than that. He freely chose to embrace his passion and death. He freely chose to offer himself as a sacrifice for our salvation. He offered no resistance to his captors, like the Suffering Servant who "gave my back to those who beat me, my cheeks to those who plucked my beard" (Isaiah 50:6).

This week, we have the chance to accompany Jesus as he makes his way to the cross. He invites us to give him thanks and praise for his mighty deeds. He invites us to receive his Body and Blood that he freely poured out for us. And he invites us to stay awake with him, to "Get up and pray that you may not undergo the test" (Luke 22:46).

Like the disciples, we may not do this perfectly. But just as Jesus freely chose to offer himself for us, we can freely choose to stay close to him. We can read his word and recall all he did for us. We can sit before the Lord in prayer and participate in the liturgies of the Triduum. We can try our best to love the people around us as Jesus loved us. And if we fail, we can receive the mercy he offers from the cross: "Father, forgive them" (Luke 23:34).

"Thank you, Lord, for suffering for me. Help me to remain close to you this week."

Source: www.word-sunday.com

HOLY WEEK

Thursday April 17: HOLY THURSDAY—Mass of the Lord's Supper
(gift of the Holy Eucharist & Priesthood).

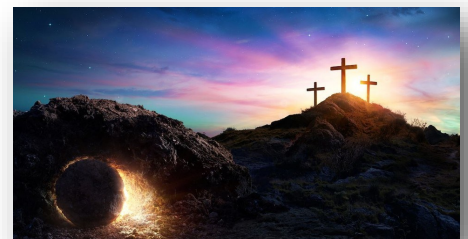
Friday April 18: GOOD FRIDAY of the PASSION of the LORD (Day of fasting and abstinence).

Saturday April 19: HOLY SATURDAY—Easter Vigil in the Holy Night.

Sunday April 20: EASTER SUNDAY of the RESURRECTION of the LORD.

SOME REMINDERS FOR HOLY WEEK:

- ◆ Pray more with your family, friends and loved ones.
- ◆ Actively Participate in the celebration of the Paschal Triduum - Mass of the Last Supper, Good Friday Liturgy, and Easter Vigil.
- ◆ Focus on the Lord. Minimise the use of your gadgets for leisure.
- ◆ Be silent. Meditate on the Word of God. Listen to the voice of the Lord.
- ◆ Go to confession and be sorry for all your sins.



POPE FRANCIS' PRAYER INTENTION FOR APRIL 2025

For the use of the new technologies

Let us pray that the use of the new technologies will not replace human relationships, will respect the dignity of the person, and will help us face the crises of our times.



CatholicCare
COUNSELLORS OF BROKEN BAY

**DO YOU HAVE A PROBLEM
THAT YOU JUST CAN'T
SOLVE ON YOUR OWN?**

1800 324 924
www.catholiccaredbb.org.au

Mglistier.org

CARMEL HOUSE RETREAT

APR 26

BEHOLD
Day Retreat
Our Lady of Mt Carmel Parish

"BEHOLD, I am making all things new" (Revelation 21:5)

Take a day to reflect on the incredible gift offered to us through the life, death, and resurrection of Jesus, and allow God's love and mercy to bring new life.

trybooking.com/CZPVW

THE VIANNEY CIRCLE AND MISSIONARIES FOR VOCATIONS

Fr Joey, our Vocations Director, is launching a new initiative to encourage and support vocations in our diocese – ***The Vianney Circle and Missionaries for Vocations***.

He'll be visiting parishes to share how you can get involved in fostering a culture of vocations through prayer, formation, and outreach.

Stay tuned for more parish visit dates!

For more details, contact:
vocations.ministry@bbcatholic.org.au

or call 0418 522 449.

PARISH NOTICE

Please note the new email address for the parish office:
arcadia.parish@bbcatholic.org.au

WORKING BEE

A big thank you to all the volunteers who helped out on Saturday with the working bee at our Parish Church. Your time, effort, and community spirit are truly appreciated!

EASTER ROSTER

The Easter roster for our parish is now up on the sacristy window. We'd really appreciate your help—please take a moment to add your name where you're able to assist!

DRAFT ROSTER

The next draft roster is on the sacristy window. Please check and update if necessary.

CHRISM MASS 2025

Invitation to the Chrism Mass

We warmly invite all parishioners to join Bishop Anthony and the clergy of Broken Bay for the Chrism Mass on **Tuesday, April 15th at 7:30 PM** at Our Lady of the Rosary Cathedral.

This is a beautiful occasion to come together as a community and celebrate the blessing of the sacred oils used in the sacramental life of the Church. We hope you can join us for this special and meaningful event.

Please let Father know if you would like to attend.

POSITION VACANT

The Parish of Chatswood is seeking a dedicated and experienced Administration and Facilities Officer (AFO) to provide essential operational support. This full-time role plays a key part in ensuring the efficient administration, facility management, and ICT services of the parish, enabling the continued growth and mission of our community.

Full-Time Position
Applications Close: Friday, 25 April 2025
[Position Description](#)

Please submit your resume and a cover letter addressing your suitability for the role to
david.ranson@bbcatholic.org.au

In Our Parish

(please let us know if you would like someone added here)

We welcome into God's family, all who were recently baptised.

We pray for the sick of our Parish, especially Bruce Shankland, Charlie Micallef, Brother Mario, Father Alberic.

We remember in our prayers all our dearly beloved who have died:

Pellegrino Vaccarella, Najm Azzi, Waffa Moussa, Carmel Russo, Margaret McKinley, Joe Guiana, Vanessa Papandrea, Biagio Abignano, Phil Dailey, Brother Peter Hancock, Brother Terry, Colleen Bennett & Helen Facione.

~ May they rest in Peace.



VOLUNTEER OF THE WEEK!

This week volunteer of the week nomination goes to:

NOELLE TAKCHI

This week, we'd like to extend a warm thank you to Noelle Takchi, our Parish's Volunteer of the Week. Noelle is always willing to lend a hand when needed, and we are especially grateful for the joy she brings through her beautiful singing. Thank you, Noelle, for sharing your gifts with our community!



LENTEN PROGRAM

LAST SESSIONS WEDNESDAY 16TH APRIL

Benigna Cascun is hosting a Lenten Program:

726a Old Northern Road, Dural.
Every Wednesday night commencing
12th March 2025
Time 7.00pm
Led by Gebran Azzi.

Miriam Brown is hosting a Lenten Program:

Parish meeting room
2 Fagans Road, Arcadia.
Every Wednesday afternoon commencing
12th March 2025
Time: 1.00pm
Led by Miriam Brown

Everyone is invited to attend and deepen their faith during this season of Lent.

ST BENEDICT'S YOUTH GROUP

YOUTH GROUP IS NOW FINISHED FOR THE TERM.

- **Fridays SCHOOL TERM**
- Time: 4:00 PM - 5:30 PM
- Ages: 8-12 years old



If you are aged 14-16 and would like to help out, please email the parish office.

All our youth leaders have Working With Children Checks. Thank you, Gabe & Jules!

CATECHISTS' NEWS

Term 1 finished this week. Wishing all families and Catechists a blessed and holy Easter and holiday break. Term 2 will resume the week of the 28th April, with SRE (Scripture) classes resuming in the first week of term, EXCEPT for Arcadia PS where SRE will resume on Wednesday 7th May.

Please continue to keep our Catechists and the students they teach, in your prayers over the school holidays.

If you are interested in knowing more about becoming a Catechist or helper, please contact me or the parish office or one of our priests.

God bless,

Miriam Brown srearcadia@gmail.com
Parish Catechist Co-ordinator



PIETY SHOP NEWS

PARISH PIETY SHOP CLOSED EASTER WEEKEND

The Parish Piety Shop is closed Easter weekend so if you need anything this is the time to purchase. If you need anything urgently please ask the Acolytes to help you out.

ST BENEDICT'S MAKER'S TABLE

All ladies welcome to join us on Wednesday 7th May, 7.30-9.30pm in the parish meeting room for our next Maker's Table workshop.

For the month of Our Lady (May) we will be making beautiful Rosary Beads.

\$10 per participant.



themakerstablesydney@gmail.com

Martine 0458 533 250 / Nerida 0425-834-017

ITALIAN ROSARY GROUP



Every **Monday 2.00pm.**
Everyone welcome.

For more details call

Angela Egiziano on 9652 1358.

CCC PRAYER GROUP



Prayer meeting held every
Wednesday morning:
after 9.30am Mass.

Come and meet new people and have a cuppa!

For more details call
Mary Camilleri on 0403 116 987.

CRAFT GROUP

The quilting and craft group will meet every **4th Tuesday** of the month at 10.30am in the parish meeting room.

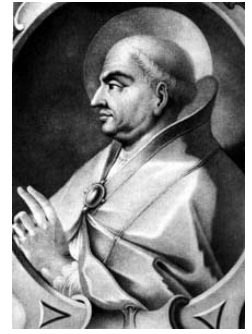
Bring your craft and come and join us!

SAINT OF THE WEEK

Saint Martin I, Pope and Martyr

Feast Day: April 13

C. 590 - 655



Exiled, alone, abandoned, and starving, a Pope dies for sound theology

After being elected the Bishop of Rome in 649, today's saint called a local Council which established the correct theology of the Church regarding the two wills of Christ. For this teaching and its broad dissemination, Martin was abducted in Rome by emissaries of the Byzantine Emperor Constans II, brought to Constantinople, and humiliated. Martin refused to retract or bend to the Emperor's incorrect theology, which denied that Christ had a human will. Martin was imprisoned, publicly flogged, maltreated, condemned for treason, and exiled from Constantinople to the Crimean Peninsula on the Black Sea. And there the Pope died—naked, starving, forgotten, and alone—far from Rome, in the year 655, a victim of bad theology and the last pope, so far, venerated as a martyr.

The Council of Chalcedon in 451 had synthesized centuries of theological debate by teaching, authoritatively, that the divine nature of the Second Person of the Trinity and the human nature of Jesus were distinct but united in the one person of Jesus Christ. This merging of divine natures in one person is called the hypostatic union. The Son of God, then, truly took flesh and experienced all things, save sin, that a man experiences. So when Jesus said, "I thirst" ([Jn 19:28](#)), He didn't mean to say, "Just my human nature is thirsty." And when His majestic voice echoed off the stone walls of Bethany calling, "Lazarus, Come Out!" ([Jn 11:43](#)), He didn't mean to say, "The divine nature inside of me, and only the divine nature, says 'Lazarus, Come Out!'"

Yet Eastern Christians, primarily in Egypt and Syria, clung to a Monophysite, or one nature, theology of Jesus Christ long after Chalcedon had settled the matter. The Second Council of Constantinople in 553 attempted, unsuccessfully, to pull the Monophysites back into the orbit of Chalcedon. By the 600s, tensions between Chalcedonians and Monophysites were a political problem for the Byzantine empire. So some Eastern theologians, supported by the Emperor, looked for common ground and proposed a one-willed Christ, instead of a one-natured Christ. This one-will heresy is called Monothelitism (monos = one; thelos = will). The issue of Christ's will(s) had never been formally resolved, so the Emperor hoped a one-willed, instead of a one-natured, Christ would placate the Monophysites and unite his theologically diverse subjects.

Chalcedon's teaching on Christ's two natures was ontological, or just logical, and did not explain how a person operates with dual intellects and wills. Monothelitists argued that if Christ's two natures could seamlessly unite in one person, then so could His two wills. There was no human will in Christ, the argument went, because it was totally subsumed into the mightier divine will. But Pope Martin and others knew that this was theologically impossible, since a Christ without a functioning human will would have been a zombie, a ghost of a man. Nor could one argue that Jesus had one will divided into a divine and a human sphere, as Jesus was not a schizophrenic with a split identity.

Martin's theology of the two wills was vindicated when it was explicitly defined by the Third Council of Constantinople in 681. This Council taught Christ's human will was "in subjection to his divine and all-powerful will." That is, Christ's two wills were separate in their natures but freely united in their object. How do two wills inside of one person enter into communion? In the same way that two wills in two different persons enter into communion. Each will gives free and independent assent to a principle, idea, or truth shared with the other will. The two wills retain their independence but freely unite in their assent to a common value. Thus Jesus' human will, in total freedom, submitted to the will of the Son of God.

During his captivity, Martin was hurt by the indifference which the Church of Saint Peter in Rome paid to one of their own. Martin was also deeply pained when a new Pope was elected though he was still alive. It is every pope's duty to preserve the unity and integrity of the Church by preserving the unity and integrity of Christ. Martin did just that. The fruits of Martin's martyrdom advanced theology toward its correct conclusion on Christ's two wills in the decades after he died, even though poor Martin himself has been largely forgotten. His remains were returned to the Eternal City after his death and he now rests in peace somewhere under the marble floor of Saint Peter's Basilica.

Pope Saint Martin I, through your intercession before the Father in Heaven, fortify all teachers and leaders of the Church to remain steadfast in the truth, to advocate for the truth, and to suffer for the truth, no matter the personal cost. AMEN.



BenedictUs

Benefit • Educate • Develop

INVITATION

To

MIDDAY PRAYER / LUNCH

For

Fr. Michael Kelly OSB

60th Anniversary of Profession

Fr. Bernard McGrath OSB

50th Anniversary of Ordination

Fr. Shansana Samarasinghe OSB

25th Anniversary of Profession

On

SATURDAY 3 May 2025 from 12.00pm

Lunch at 1.00pm

At

St Benedict's Monastery

121 Arcadia Rd, Arcadia NSW 2159

*Please note, in lieu of gifts a donation can be made to BenedictUs
Australia, the support group for Benedictine projects especially in Sri
Lanka & Congo*

RSVP

By: Wednesday 23rd April, 2025

To: admin@benedictus.org.au

121 Arcadia Road, Arcadia NSW 2159 — AUSTRALIA
Tel: +61 2 9653 1159 • Fax: +61 2 9653 1883 • Email: info@benedictus.org.au
Website: www.benedictus.org.au



PROJECT COMPASSION SUNDAY Palm Sunday 12-13th of April 2025

As Project Compassion 2025 draws to a close for another year, we want to extend our heartfelt gratitude for your generous support throughout this Lenten Season.

This year, we shared the inspiring stories of 3 individuals whose lives have been transformed through your compassion and generosity.

But the work isn't done yet. There is still time to donate! Together, we can *Unite Against Poverty* and help transform lives this Lent.

Please donate today.



Caritas
AUSTRALIA

**PROJECT
COMPASSION**



You can support Project Compassion 2025 through the donation boxes, envelopes or by scanning the QR code above. **Or online at:** caritas.org.au/project-compassion **Or by calling:** 1800 024 413 413.

Parish Roster

**PLEASE JOIN US FOR MORNING TEA
AFTER THE 9AM MASS**

NEXT WEEKEND'S ROSTER

**19/4/2025 TO 20/4/2025
EASTER VIGIL & EASTER SUNDAY - YEAR C**

	SATURDAY 7.00pm	SUNDAY 9.00am	SUNDAY 10.30am
Acolyte			
Reader1			
Reader2			
Prayers			
TV			
Music			
Music			
Music			
Music			
Morning Tea			
FLOWERS	GABE W		

**SEE SEPARATE ROSTER
WHICH WILL BE POSTED
OUTSIDE SACRISTY**



**Thank you to all our wonderful volunteers,
we really appreciate it!**

ACKNOWLEDGMENT

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

SAFEGUARDING MISSION STATEMENT

We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help: Fr Shansana 0437 884 233 - Lorraine Dailey 0416 081 882 - Office for Safeguarding 8379 1605.

**For all parish OH&S and Safeguarding Children matters Contact:
Lorraine Dailey on 0416 081 882.**

PARISH OFFICE HOURS:

Mondays & Fridays: 9.30am to 2.30pm
(School holidays only open Fridays)

Parish Office: 02 9653 2312
Address: 2 Fagans Road, Arcadia 2159
Email: arcadia.parish@bbcatholic.org.au
Website: www.bbcatholic.org.au/arcadia

Parish Priest: Fr Shansana Samarasinghe OSB
Email: sanshanasamarasinghe@yahoo.com
After hours: 0437 884 233

Facebook: [stbenedictsarcadia](https://www.facebook.com/stbenedictsarcadia)



MONASTERY CHAPEL

Liturgy of the Hours

"Seven times a day I will praise you" Psalm 119:164

The liturgy of the hours is a set of prayers (psalms, hymns, readings and other prayers). It is recited in the Monastery Chapel daily at the following times:

5.45am Office of Readings
6.30am Morning prayer - Lauds
12.45pm Midday prayer
6.00pm Evening prayer - Vespers
8.00pm Night prayer - Compline

ALL are welcome to attend any time.

HOLY WEEK 2025

Palm Sunday
Vigil Saturday 12th April
7.00pm

Sunday 13th April
Monastery - 7.00am
Parish Church - 9.00am and 10.30am
Latin 4.30pm



Holy Thursday 17th April
Parish Church only - 7.30pm

Stations of the Cross - Good Friday 18th April
Parish Church - 10.30am



Passion of the Lord - Good Friday 18th April
Parish Church - 3.00pm

Easter Vigil - Holy Saturday 19th April
Parish Church - 7.30pm



Easter Sunday - 20th April
Monastery - 7.00am
Parish Church - 9.00am
Latin 10.30am



MONASTERY: 02 9653 1159
121 Arcadia Rd, Arcadia 2159

**PARISH BANK DETAILS for
ONLINE only donations:**
BSB: 062 784 Account: 100002141
Account Name: Catholic Parish of Arcadia Bank:
CBA—Catholic Development Fund